



## A Complete Checklist for Moving Senior Parents

- Choose a new home that meets their needs
- Collect important documents
  - Medical paperwork
  - Legal paperwork
- Notify internet and phone providers
- Update subscriptions
- Change their address
- Declutter belongings and organize an estate sale or donations
- Hire a professional moving company and confirm the moving date
- Prepare the new space for safety and comfort
  - Bathroom
  - Kitchen
  - Living room
  - Bedroom
- Unpack essential items
- Help them integrate into their new community